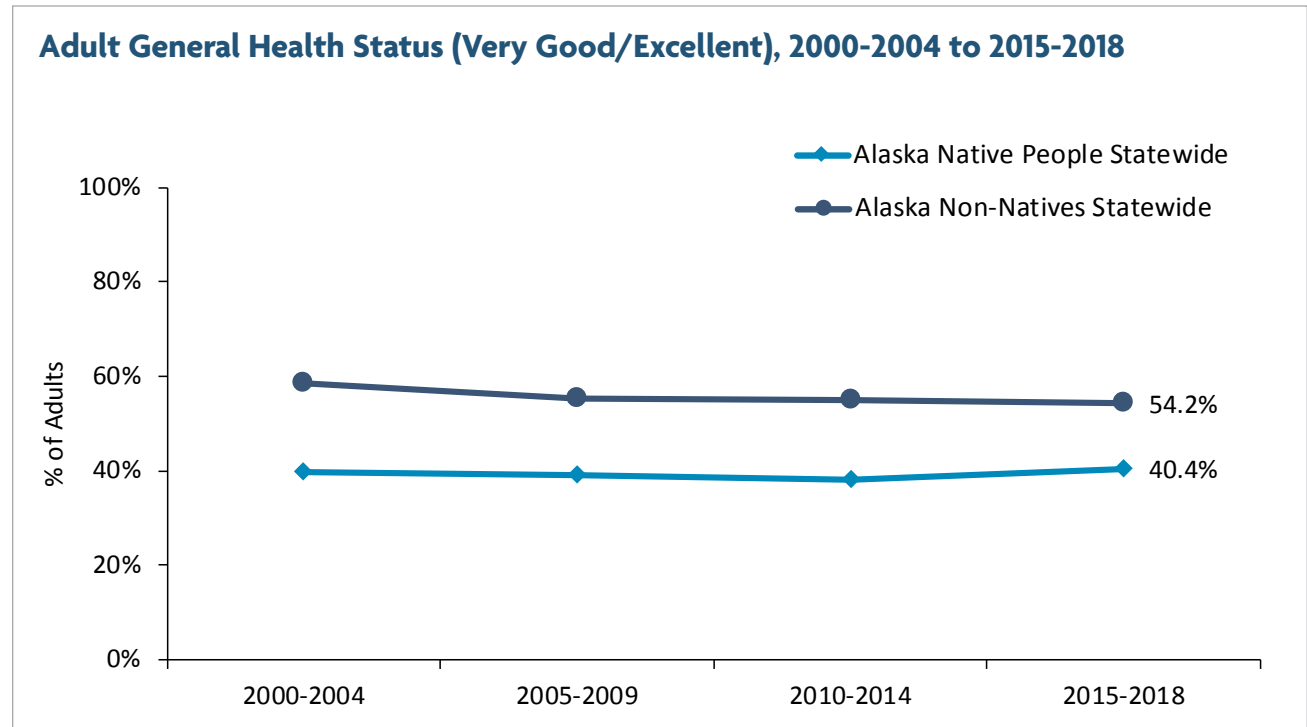


General Health Status



Data Source: Alaska Division of Public Health, Behavioral Risk Factor Surveillance System
Table C-100

Definition

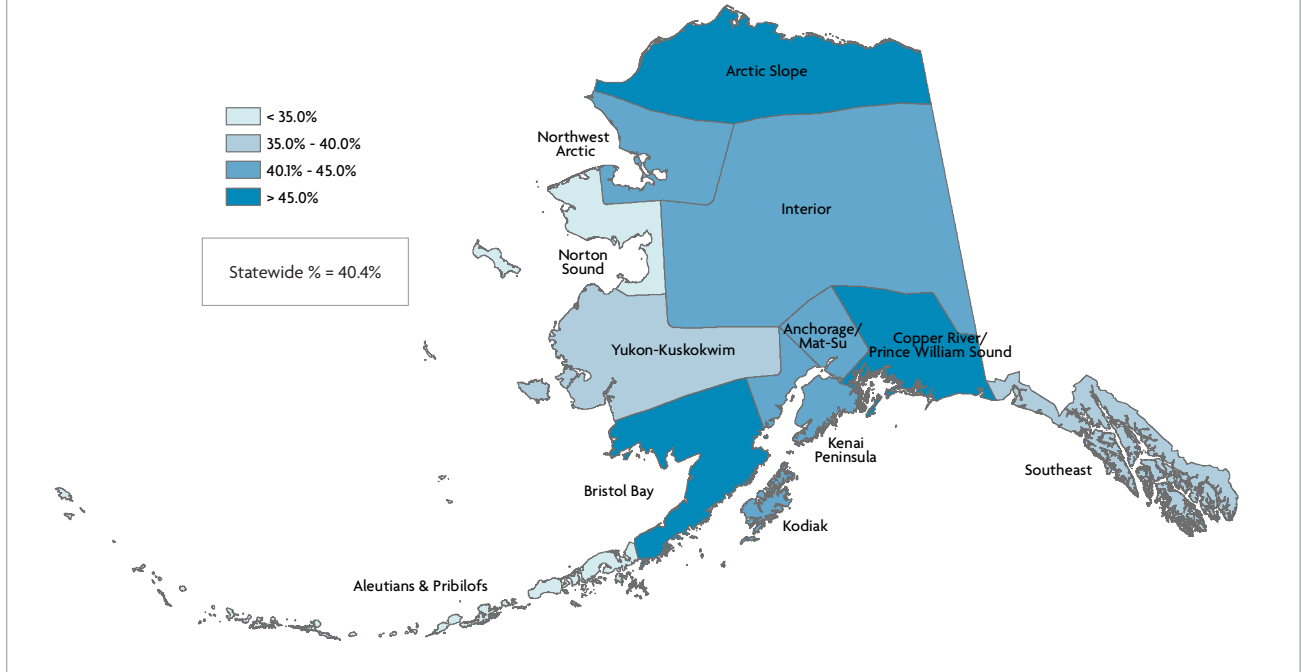
General health status is a self-assessed measure of how an individual perceives his or her health. Self-assessed health status has been validated as a useful indicator of health for a variety of populations and allows for comparisons across different conditions and populations.²⁵

Summary

- » During 2015–2018, about four in ten (40.4%) Alaska Native adults reported being in “very good” or “excellent” health. This was significantly lower than Alaska non-Native adults (54.2%).
- » The general health status among Alaska Native adults has remained relatively stable between 2000-2004 and 2015-2018.
- » During 2015–2018, the percent of Alaska Native adults with “very good” or “excellent” health varied by Tribal health region from 29.0% to 47.8%.

General Health Status

Percent of Alaska Native Adults With General Health Status of Very Good/Excellent by Tribal Health Region, 2015-2018



Data Source: Alaska Division of Public Health, Behavioral Risk Factor Surveillance System Table C-101

General Health Status

Table C-100: Adult General Health Status (Very Good/Excellent), 2000-2004 to 2015-2018

	Alaska Native People Statewide		Alaska Non-Natives Statewide	
	%	95% Confidence Interval	%	95% Confidence Interval
2000-2004	39.8%	(37.0%-42.6%)	58.6%	(57.3%-59.8%)
2005-2009	39.0%	(37.0%-41.0%)	55.4%	(54.1%-56.8%)
2010-2014	38.1%	(36.1%-40.1%)	54.9%	(53.6%-56.3%)
2015-2018	40.4%	(37.4%-43.4%)	54.2%	(52.8%-55.6%)

Note: Data with wide confidence intervals are subject to higher relative standard error and should be used with caution.

Table C-101: Percent of Alaska Native Adults With General Health Status of Very Good/Excellent by Tribal Health Region, 2015-2018

	Alaska Native People	
	%	95% Confidence Interval
Norton Sound	29.0%	(19.0%-39.0%)
Aleutians & Pribilofs	31.2%	(16.2%-46.3%)
Southeast	38.7%	(31.5%-45.8%)
Yukon-Kuskokwim	39.2%	(31.3%-47.0%)
Kenai Peninsula	40.1%	(26.4%-53.7%)
Anchorage/Mat-Su	41.2%	(35.0%-47.4%)
Kodiak Area	41.6%	(22.5%-60.7%)
Interior	42.1%	(35.9%-48.3%)
Northwest Arctic	43.4%	(31.1%-55.8%)
Bristol Bay	46.5%	(33.2%-59.8%)
Arctic Slope	46.8%	(28.8%-64.8%)
Copper River/ Prince William Sound	47.8%	(29.8%-65.8%)
Statewide	40.4%	(37.4%-43.4%)

Note: Data with wide confidence intervals are subject to higher relative standard error and should be used with caution.

Data Source: Alaska Division of Public Health, Behavioral Risk Factor Surveillance System

25 Idler, E., & Benyamini, Y. (1997). Self-rated health and mortality: A review of twenty-seven community studies. *Journal of Health and Social Behavior*, 38(1), 21-37